

Justin, CAC

Justin is a substance abuse counselor at Legmont Treatment Centers. He is a single Caucasian male, 60 years old, and is engaged in a long distance relationship with his girlfriend of 3 years who lives in New Jersey. He moved from New Jersey 2 years ago and lives alone. Justin has been in sobriety for at least 14 years, and had been working as a CAC for 8 years prior to moving to Georgia.

At Legmont Treatment Centers, Justin works in their recovery program with a case load of 25 clients. He is often referred to as a stern and opinionated person. Clients describe him as "rigid and inadaptible". They often complain to other counselors that they no longer want to share honestly in groups and individual session for the fear that they will be chastised. Justin's primary approach is to "confront his clients until they change".

His supervisor recalls, that during Justin's pre-hire interview two years ago, Justin described having been drawn to the addiction treatment field. "He said he felt a sort of calling to go into substance abuse counseling because he want to be able to help others when no one else could. He believed he owed it to their families to do everything in his power to get his clients to change." His supervisor also recalls that when his references were checked, none of them pointed to the behaviors they were currently seeing in Justin. Previous employers described him as having a good sense of humor, good rapport with clients, and was one of their most effective clinicians.

Recently, Justin has been extremely tired at work and colleagues have noticed him napping in his office in the afternoon. He has verbalized recently that he no longer believes he owes his patients or their families anything, and that most often his clients are lazy and don't want to get better anyway. At a recent staff meeting, Justin suggested that Legmont Treatment Center should change its client focus away from substance abuse to an area where they can make more of an impact. When this did not happen, Justin left the company. He moved back to New Jersey and now works in the insurance industry.